

## Where Do Peer/Family Specialists Fit In?

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NDBH Conference  
New Orleans, LA  
October 30, 2018

# Who We Are

- Lived experience
- Recovery generally 2+ years
- State training
- Optum in ~15 states and growing



# What Peer/Family Support Specialists Do

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Help articulate problems

Engage natural supports

Identify pre-emptive opportunities

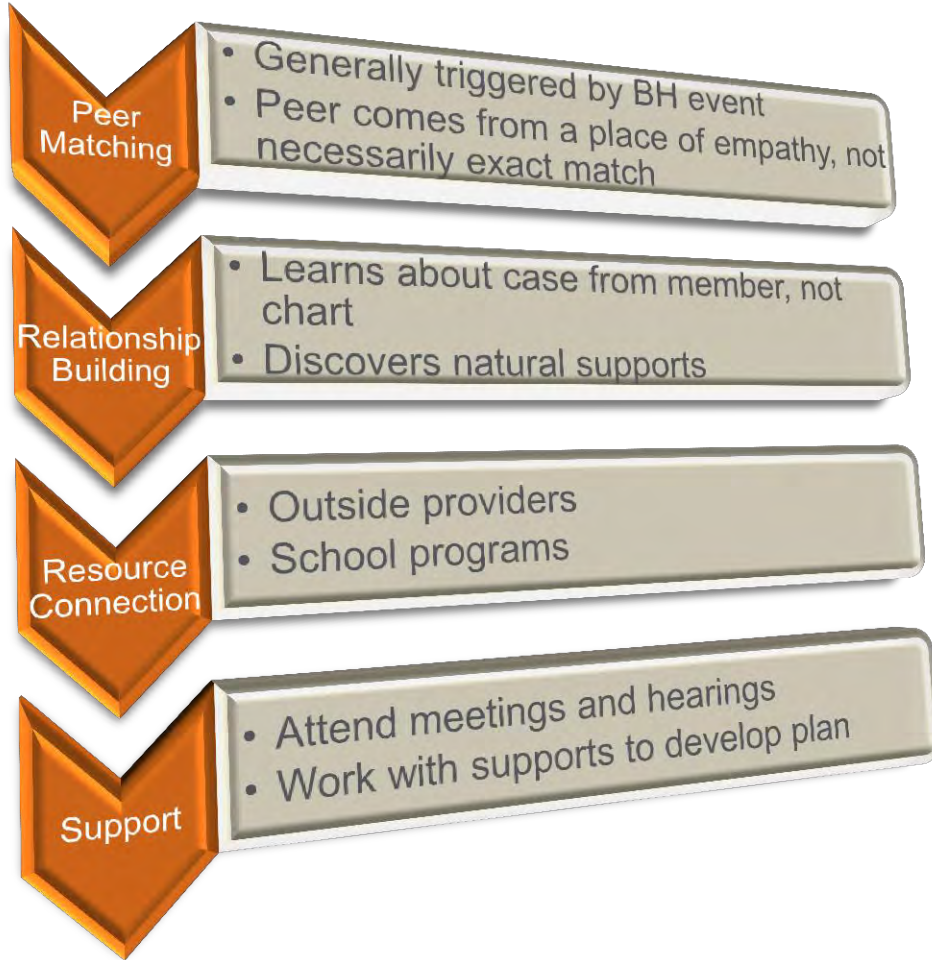
Use a trauma-informed approach

Share personal experiences



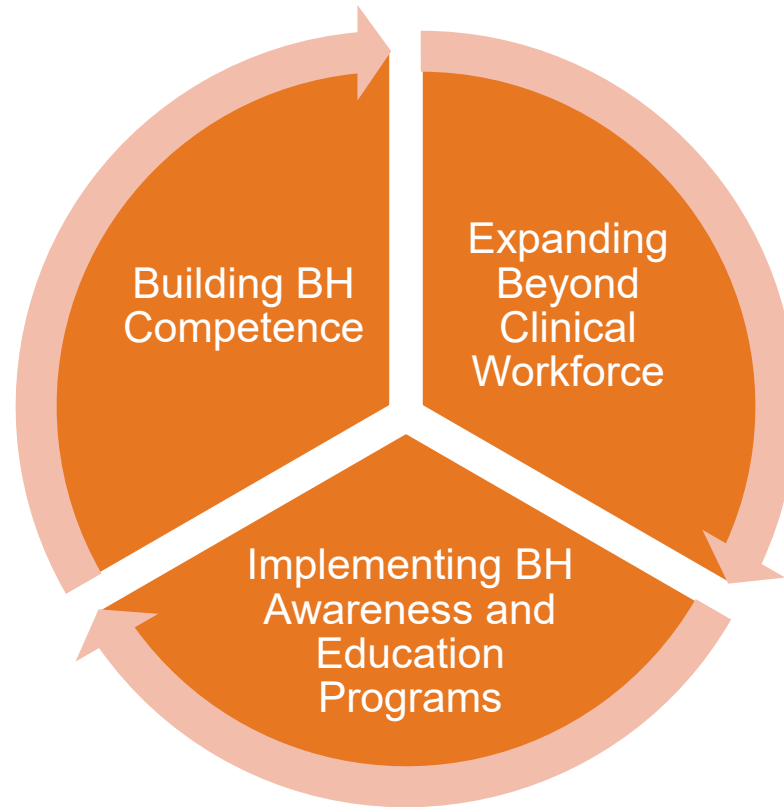
# What Peer/Family Support May Look Like

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# Big Picture Changes

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# Thank you.

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